



SHALOM SOZO MINISTRY

SOZO

Sozo is a Greek word that means: “to save, deliver and heal.” It is used 110 times in the New Testament. The goal of a Sozo session is to create a safe environment where one can receive revelation and truth from God.

A typical Sozo prayer session consists of a Sozoer who assists the person receiving the ministry to form questions to God the Father, the Son or the Holy Spirit. As God answers these guided prayers, false beliefs are often exposed and truths are revealed.

INNER HEALING

All of us have painful past experiences that still influence us today. Despite our efforts to be healed or forget, sometimes these pains are deeply lodged inside of us. They affect the way we relate to God, others and ourselves. They can manifest in physical as well as emotional health problems.

Inner Healing Prayer invites the Holy Spirit to minister to these painful and broken places in our lives. When we open our mind and heart to Jesus and allow Him to enter into a memory or place of hurt in our past, we are able to experience His grace and truth which often leads to significant breakthrough, freedom and healing.

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SBCRC's prayer team has received training from both Sozo and traditional inner healing ministries. Our session integrates both approaches, exposing lies and revealing truth, as well as ministering to deep wounds for a more holistic healing process.

The Bible tells us that Jesus not only came to heal the brokenhearted and to set captives free; He also came to give us life abundant. When we give our emotional pain and lies to Jesus and experience healing and truth from Him, we can better live that abundant life.

For more information contact South Bay Community Resource Center:

www.servingthesouthbay.com | sbcrc2013@yahoo.com | (855) 663-4645